

## QUESTION PROMPT LIST

These are some common questions that people often find helpful at their first appointment at Harbour. Please feel free to bring this list to your appointment and add any questions you feel are important to you.

### SUGGESTED QUESTIONS

- What is cancer?
- What kind of cancer do I have?
- How did I get cancer?
- How serious is my cancer?
- What does “stage” of cancer mean?
- What does “grade” of cancer mean?
- What effect will it have on me?

### SCANS AND OTHER TESTS

- Will I need more scans or other tests?
- How long will it take before I get my test results?
- Are there any risks or side effects from scans or tests?

### TREATMENT

- What treatments are available?
- What does each treatment involve?
- What are the side effects of any treatment I choose?
- How long will the treatment continue?
- What happens if I choose not to have any treatment?
- Can I ask for a second doctor’s opinion?
- What do I do if I become sick during treatment?

### EXTRA HELP & INFORMATION

- Where can I get more information and support?
- Are there services to support family members?
- Who do I contact if I have questions between appointments?
- What services are available for emotional support?

